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**“The next morning I peer into the mirror and my face looks plump and healthy, the tone is bright, pores reined in and even dark circles seem diminished.”**

### Advanced oxygen therapy with Oxyjet facial

**THE CLAIM |** A non-invasive penetrating treatment that uses oxygen and medical-grade, high-potency natural anti-ageing products (think antioxidants like vitamins E and C) to give your skin a new lease on life. It firms, strengthens, reduces pigmentation problems, and eliminates acne and other skin issues (such as oversized pores, oily or dry skin, sagging, rosacea, exposed capillaries and scarring) to create an overall improved complexion. This facial does it all.

**THE COMMITMENT |** Leanne Sun of Eternity Cosmetic Clinic has the only German-made Oxyjet machine in the State, and recommends one treatment a week for three to four weeks after the first consultation. The effects are cumulative, so the more treatments, the better. After three or four sessions, you should follow with a treatment each fortnight, or at least once a month. The instant effects mean there's no down time, so you can go in your lunch break and return to the office without any questions... just compliments.

**THE EXPERIENCE |** Patients as young as 16 can benefit from this tailored corrective skin treatment, and the facial is effective for any skin type and any age.

The first consultation involves running through general health issues, allergens, and pinpointing the areas of your skin that are of

concern, such as skin sensitivity, evening out skin tone, and eliminating fine lines.

The non-invasive, non-surgical treatment takes about an hour, which involved a light exfoliation and cleanse before the high-potency product was applied. Once the sweet smelling serum is in place, Leanne lets the Oxyjet do its magic. And trust me, it is magic. Soft puffs of cool oxygen are applied with what feels like a small pen tapping lightly all over the face and neck. This light tapping feeling is the air pushing the serum through the layers of the skin to target tired skin cells. There is no pain or stinging, just relaxing puffs of cool air.

The next step involves a high-pressure oxygen spray that contains essential nutrients that washes over the skin much like an airbrush. It's followed by a serum mask, such as a white tea hydrating mask, that is left on for roughly 10 minutes. A hydrating oil is the final step; it isn't heavy, won't clog pores and will leave your face glowing.

**RESULTS |** I can honestly say that I've never had such an amazing result with a facial than I did with the Oxyjet. There wasn't a red blotch in sight and I even went to visit a friend straight after. She was floored at how amazing my skin looked and thought I was still wearing make-up.

Pores were refined, my skin had an even tone all over, and looked fresh and alive. Fine lines were even finer and pimples very faint. In the morning, my skin was soft, smooth and glowing.

After my second treatment, the results were even more noticeable. The glowing effect



# FACE THE FACTS

**Autumn is the perfect time for a skin refresher course, so Scoop staffers trialed some quick skin pick-me-ups.**

### Priori LCA chemical peel with Omnilux light treatment

**THE CLAIM |** To exfoliate, increase moisture, stimulate collagen and elastin, revitalise tired skin, and increase the efficacy of at-home skin care.

**THE COMMITMENT |** One peel per week for six weeks, complemented by multiple Omnilux light treatments each week.

**THE EXPERIENCE |** If this was a fairytale about skin, then Priori and Omnilux are the princes who ride in and rescue it. I have tried all manner of treatments over the years, and this little combo is the winning ticket, especially since it can be customised for any skin issue (sun-damaged, dry, mature, problem-prone or lightly lined).

This course is dependent on the state of your skin, and how much time and cash you have (naturally). It starts with a Priori LCA peel,

then a time-out under the Omnilux Revive lamp (and, if you're dedicated to results, an additional session of just the lamp a few days later). It takes around 45 minutes for the peel and light, all up, including cleansing and moisturising. I use the Priori AHA range at home, which is recommended. It's a results-driven skin regimen with immediate outcomes, so it's perfect if you're working up to an event or need to restore your faith in the quest for a fab complexion (or if you're a member of the instant gratification generation).

First up is the Priori LCA superficial peel – a low concentration with a buffered pH, which is a safe method of skin exfoliation that has no downtime, so it's literally a 'lunch time' treatment. The peel stimulates the skin to produce collagen, elastin and glycosaminoglycans, which are essential for glowing skin. The solution is painted on after a thorough cleanse, and left for a few minutes. It is mildly stinging, but 100 per cent manageable – especially when you see the post-peel glow.

This is followed up by a session under the Omnilux, a pizza box-sized healing lamp of very bright light that you lay under, eyes closed and goggles on, for 20 minutes. There's a blue light for congested or breakout-prone skin, a Plus™ light for healing and a red light for

rejuvenation (to fight fine lines, wrinkles and uneven skin tone).

Apart from the bright light (don't worry, your eyes adjust), the experience is quite tranquil. It is entirely non-invasive, pain-free and, much like the sun, generates your feel-good chemicals, so you leave feeling (and looking) fresh.

**RESULTS |** The one-two punch of this duo bolsters the skin's natural ability to rejuvenate, boost collagen and foster that much sought-after glow. The next morning, my face looks plump and healthy, the tone is bright and even, pores reined in and even dark circles seem diminished. Plus, my make-up goes on silky smooth.

### WOULD YOU RECOMMEND IT?

A wholehearted yes! Think of it as a skin recharge and a fast pick-me-up, which will continue to deliver results if you stick to it for the long term.

**WHERE?** Jana Beauty, 439a Hay Street, Subiaco (08) 9388 1134, or visit janabeauty.com.au. One treatment is good for a quick refresh, but undergo the course for the real 'wow' results. Priori peel: \$130 each, or six for \$700. Omnilux light therapy: \$90 a treatment, or nine for \$600.



**“Patients as young as 16 can benefit from this tailored corrective skin treatment. It’s effective for any skin type and any age.”**

**RESULTS |** Results are not evident straight away and the skin can feel dry and a little rough for a few days after the treatment. This effect is well-explained at the initial consultation, so there will be no surprises. I didn’t notice any major benefits after the first treatment, however, my skin felt incredibly smooth after a few days.

The second and third visits were quicker than the first since there’s no consultation. The procedure itself was the same, but the results were quite different, especially by the third visit, with the best results seen about seven days after the final treatment. My skin tone was markedly improved, with smaller pores and an overall smoother and firmer skin texture. Knowing that it’s working at a cellular level to tighten and improve texture for the long-term is appealing.

All in all, this procedure is a wonderful way to give your skin a long-lasting pick-me-up.

**WOULD YOU RECOMMEND IT?**

Absolutely. I look forward to the maintenance treatment in six months’ time.

**WHERE? SKYN** in Nedlands is one of the few places in Perth that offers Clear + Brilliant.

They were punctual and professional, with everything explained in detail and all questions answered thoroughly. Treatments cost \$350 each, or \$1000 for a course of three (depending on the clinic, be sure to check before you book). SKYN, 187 Stirling Highway, Nedlands (08) 9389 9022, skyn.com.au.

**SQOOM at-home skincare and handheld device**

**THE CLAIM |** Perth doctor Serene Lim describes SQOOM as a needle-free DIY ‘face lift’, a fast-results skin regime. Along with boosting hydration, increasing elasticity, and diminishing pores, visible red veins, pigmented spots and scars, post-procedure face lift patients will find it beneficial, as will fans of Botox.

Delivering the SQOOM skincare products deeper into the skin with the handset, it assists by better ‘hitting the mark’, so to speak. It’s ideal for all skin types, including sensitive or acne-prone skin; it’s even safe for pregnant women. The products are organic, chemical- and preservative-free, and the products are not tested on animals.

**THE COMMITMENT |** Twice daily application (morning and night, as you would with your usual cleanser) of SQOOM products using the SQOOM handheld device, plus weekly maintenance treatments.

**THE EXPERIENCE |** If Isla Fisher uses this at home, then there must be something to it!

The system involves a hand-held device and a suite of all-natural anti-ageing products. By utilising patented IONOZYM (ionisation and ultrasound) technology, whereby vibrations and energy deliver the products deep into the skin tissues, it’s completely non-invasive. There’s no pain, bruising or unwanted side effects. It can be used anywhere, but is especially beneficial for the décolletage, neck and face.

Five different programs are available – Cleansing, Massage, Lifting, Whitening and Sensitive Skin. The gels (cleanserGel, xcential hyaGel, DeSpot Gel and medGel) contain a soothing mix of aloe vera, argireline, panthenol and chamomile extracts, along with hydrating fragmented hyaluronic acid (HA) (which is specially engineered into smaller molecules for better penetration through the top layer of skin). It’s easily worked into your daily beauty routine, followed by maintenance once or twice weekly in quick eight-minute sessions.

**RESULTS |** After less than a week of using the Cleansing program with the cleanserGel and the Massage setting with the xcential hyaGel, my skin feels plump and more hydrated. The surface feels smooth and soft, and my make-up is sitting pretty. It also staved off the need for facial and microdermabrasion visits, which is a blessing given my hectic schedule!

**WOULD YOU RECOMMEND IT?** I’d recommend it for the traveller with cabin-wear skin, or just to sooth the dark circles after a big night out. Big thumbs up as a skin refresher.

**WHERE?** Sold at selected pharmacies, Aurelio Costarella (23 View Street, North Perth), plus through Dr Serene’s website, drserene.com. 



lasted longer, my skin didn’t go red as often, and blemishes present on the day of the treatment were reduced to nothing.

**WOULD YOU RECOMMEND IT?**

If only there was a more enthusiastic way to say a big yes! There is no doubt in my mind that I will be following through with my fortnightly treatments. It’s fantastic to be able to see results straight away and I can’t wait to see what my skin will be like after another treatment. The best part is that Leanne caters to the state of your skin at that time, so you tackle different issues each time.

**WHERE?** Eternity Cosmetic Clinic, 29/531 Hay Street, Subiaco (08) 9388 3338, eternitycosmeticclinic.com.au. Face and neck treatments are \$198, while face only is \$155.

**Clear + Brilliant**

**THE CLAIM |** A non-surgical, non-invasive treatment that helps improve skin texture and tone, and gives the skin a more youthful, radiant glow. It works at a cellular level, which will affect a structural skin change, leading to firmer, more even-textured skin.

**THE COMMITMENT |** A minimum of three to four treatments, spaced fortnightly, with a top-up treatment recommended every six months. The visible effects will vary depending on the condition of your skin at the start.

**THE EXPERIENCE |** The initial consultation is very thorough, with the doctor explaining what to expect during and after the treatment, with plenty of time to ask questions. When you’re ready, a gentle numbing cream is applied 15 minutes before treatment commences.

The session itself only takes about 20 minutes and there is minimal discomfort. The ‘intensity’ level is determined by your skin type and your needs, and can be adjusted during treatment in accordance with how your skin responds (which is a bonus for those with sensitive skin).

The sensation is reminiscent of a deep facial or a thorough micro-dermabrasion with rough, damaged skin cleared away for new, healthy skin to come shining through.

Skin can be quite red immediately after the treatment, so you may want to head home for a few hours while it settles down to a slight pinky glow. By the next morning, it should be completely settled and looking fresh.



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